



THE UNIVERSITY OF THE THIRD AGE

Mackay

Connecting Seniors to Lifelong Learning

NEWSLETTER

January 2024



*Wishing all our members a very safe,  
healthy and happy 2024*

## President's Report

Hello everyone – On behalf of the Committee, I would like to welcome all new and renewing members to U3A 2024!



**U3A Open Day** is fast approaching and will be held at the Senior Citizen's Hall, 58 Macalister Street, Mackay. We invite all members and anyone interested in joining U3A to come along between 9:00am and 1:00pm on **Friday 2 February 2024**. Have a biscuit and a cuppa with friends and check out the broad range of activities on offer.

We are always seeking to improve and look for more things for our members to do. If you have any special skills or knowledge, contact our course coordinator, Iris Harvey – [courses@u3amackay.com](mailto:courses@u3amackay.com) to discuss options. Among the proposed interest groups for the coming year are – Coins, Scale Modelling, Ukulele and How to do Cryptic Crosswords. Further information will be available at the **Open Day**.

I am very pleased to report that U3A Mackay had 465 members at the end of last year. Our office has had a much needed overhaul with a 'conversation corner' where you can come and renew your membership if you prefer the personal touch, or just have a chat. We're always thankful to our members who volunteer to run activities and man the office, but there's always a need for more helpers. Please give me a call if you think you are able to assist.

Happy New Year to you all and warm regards

*Muriel Kilcullen*

## U3A Mackay Committee 2024

M: 0493 360 261

Website: [www.u3amackay.org.au](http://www.u3amackay.org.au)

### *President*

Muriel Kilcullen 0409 495 525

[admin@u3amackay.com](mailto:admin@u3amackay.com)

### *Vice President*

Alan Porter

### *Secretary*

Bobbie Barker

[secretary@u3amackay.com](mailto:secretary@u3amackay.com)

### *Treasurer*

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[treasurer@u3amackay.com](mailto:treasurer@u3amackay.com)

### *Course Coordinator*

Iris Harvey

[courses@u3amackay.com](mailto:courses@u3amackay.com)

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Dianne Harvey

Susan Vince

Cath Davis

Jan Wilkie

Winsome Brown

**ACCC** AUSTRALIAN COMPETITION & CONSUMER COMMISSION

### What to do if a salesperson calls you or arrives at your door

It's OK to say NO. You don't have to buy anything.

When you receive a cold call, or a salesperson arrives at your door:

- I'm not interested. Please leave my home.
- I didn't ask you to call me. I'm not interested and am hanging up now.

Don't feel pressured, take your time.

If you're thinking of buying something but need more time to think:

- I don't want to agree to anything now. I want time to think and discuss this with my family.
- Please don't rush me. I want some time to carefully read the contract.

If you decide to buy, you have a 10 day cooling off period.

If you change your mind during this time:

- I have rights during the cooling off period and don't have to pay for the product yet.
- I have changed my mind and would like to cancel the contract.

Learn more about your rights on the ACCC website: [www.accc.gov.au/older-australians](http://www.accc.gov.au/older-australians)

## Seniors Enquiry Line

**FREE** – One stop information and referral line that answers ANY questions by a **REAL** person.  
📞 9am to 5pm Monday to Friday

📞 1300 135 500  
🌐 [seniorsenquiryline.com.au](http://seniorsenquiryline.com.au)  
✉ [sel@ucommunity.org.au](mailto:sel@ucommunity.org.au)

- home help
- concessions
- financial information
- legal information
- health
- technology
- transport
- scams
- housing information

## Course Coordinator's Report

Happy New Year

To welcome convenors into 2024 and as a thank you for 2023 efforts, there will be a Lunch Meeting on Wednesday 31<sup>st</sup> at 11.00am at the Senior Citizens halls. Convenors have all been notified and acceptances are being received. Please bring along a brief outline of your group's details (venue, attendance numbers etc)

We have suggestions for new groups in 2024 and these will be considered and advertised in due course

*Iris Harvey*

Course Coordinator

[courses@u3amackay.com](mailto:courses@u3amackay.com)

0418 620 589

## *Scrabble and Upwards*

Happy New 2024. Our break up was on the 7<sup>th</sup> December where we had a lovely lunch at the Grove Tavern. We resumed back at Scrabble on 9<sup>th</sup> January. There are a few are still away and those who are ill please make a speedy recovery as we miss you. Our scrabble and upwords classes are on 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month 2.00pm to 4.00pm at 60 Wellington Street Mackay. You can phone me on 0438572768 if wanting further information. Cheers Judy



## *Chimes*



Our Chimes group has restarted for the 2024 year. If you enjoy making music you

are most welcome to join in.

Starting – Monday Jan 29<sup>th</sup>

1pm – 2.30pm

Ambrose Hall. Glenpark Street

New members always welcome.

Contact – Marie Veney 0419732855

## GREEN THATCHES

Due to the current hot weather the group will be meeting at 60, Wellington Street in February and March. The first meeting of 2024 will be held on February 14<sup>th</sup> at 1.30pm and will be a Flower Arranging demonstration.



On March 13<sup>th</sup> the meeting will be a Plant Swap so get prepared now and plant up a few pots.

All welcome to come along. Please bring a mug and some goodies to share for Afternoon Smoko.

All enquiries to Hector on 49514145

*Hector Keioskie*

## *Anthropology*



Our Anthropology group are devotees of ancient history. They watch DVDs on a variety of history subjects on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of each

month at 60 Wellington Street. If this appeals to you, you are welcome to call Hector on 49514145 for more information

*Hector Keioskie*

**You know you're getting older when everything you see at a vintage flea market is something you already own.**

*Creative Writers*

The Creative Writing group enjoyed a wonderful “Frocks and Fascinators Festive Frolics” Christmas breakup with some fine Secret Santa gifts.

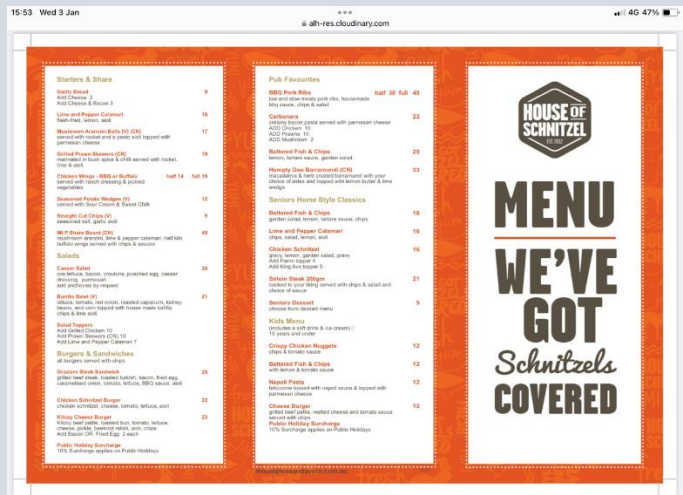
The group will resume meetings at the Jubilee Centre (next to the MECC) on February 9<sup>th</sup> 9.30-11.30. The first meeting will be a subject of your own choice...perhaps My Christmas?? Contact Rae Halpin for information on 0407639356



*Friday Lunches*

**Happy New Year**

Lets hope 2024 is going to be a good one for us all ,and u3a diners will enjoy some old favourite haunts and some new .Our first venue for this year will be February 9<sup>th</sup> at the Mount Pleasant Tavern, Malcolmson St North Mackay .I have included a copy of their menu . I see they have a seniors menu and seniors desert!!!



I have advised the MPT that we shall be meeting there at 12 midday for 12.30 pm sit down .I hope my first venue will be a success and look forward to seeing a good turn out.

Can you please advise me no later than Friday 2<sup>nd</sup> February if you are attending so that MPT can arrange seating e.t.c

My e-mail address is [arosfa2010@yahoo.com](mailto:arosfa2010@yahoo.com),and my telephone number is 0415383028.

Looking forward to a great meal and chat .

*Glen George*

**Mark your calendars**

**U3A OPEN DAY**

**Friday 2<sup>nd</sup> February 2024**

**9am-1pm**

**Senior Citizens Halls Macalister Street**

Pay membership fees, browse activities, have a cuppa.

## Happy January birthdays

HEATHER	ATKINSON
KEITH	CHRISTENSEN
DENIS	CLARK
OLWYN	
MARGARET	DOYLE
TERISITA	DUCK
FRANCES	EITENEUER
CLARANCE	GAKOWSKI
VAL	HAZELDENE
GWENDOLYNNE	HOWLAND
MERLEAN	JAMESON
ROBERT	KERSLAKE
MABEL ANN	LE-RICHE-PEREE
ISABELL	LEWIS
TREVOR	MATSEN
MARIE	MURRAY
EMILY	MCVEIGH
JANICE	O'CONNOR
LYNNE	PEACOCK
GABRIELA	PETERSEN
TERESITA	PAFAFF
DOROTHY	PRESTON
BERENICE GAY	ROE
SHARON	RUHLE
JANICE ANNE	SMITH
JUDITH	SPANNAGLE
SANDRA	WARDZINSKI



*Please Note! Many of our groups and activities have only just recommenced for 2024 and reports and information are due by 21<sup>st</sup> February for next Newsletter. Please send to [editor@u3amackay.com](mailto:editor@u3amackay.com) Please send photos and info for same day posting on Facebook to my personal email [elizaspring2004@gmail.com](mailto:elizaspring2004@gmail.com) or sms to 0438103372 For latest information and details of a group please come to the Open Day or ring the convenor as listed on the Activities schedule below.*

### Trivia

Dust off those brain cells!  
Come and join us for a few laughs and test your random pieces of useless information!!



On 2<sup>nd</sup> Thursday of the month – 1:30pm at Senior Citizen's Hall, 58 Macalister Street. Cost is \$2 plus a small donation to cover afternoon

**Further information from Muriel on 0409495525**

*Muriel Kilcullen*

### *Of Interest to our Mah Jong Players*

Save the date for the

**Magnetic Island**

**Fun Day Mahjong Tournament**

This event is to be held over 2 days

**15 & 16 May 2024**

With 3 @ 90 minute sessions each day  
8 games per session

This FUN DAY tournament is focused on players that don't usually score or are just learning to play Mahjong. The games played are all from the Mahjong Players Companion by Betty Malone and Patricia Thompson. We expect this might be the first Tournament for many players, as was the case on trial run October 2023, where we invited a few neighbouring groups to join us. We all had fun, learned a lot, and decided to repeat, repeat, repeat.

This is an introduction to tournaments  
You will get help with hands if you are struggling

We understand not everyone gets the chance to play in Tournaments especially if you are a bit remote.

Please register your interest by email to  
[Pamenglish57@gmail.com](mailto:Pamenglish57@gmail.com)

Further information to be sent to interested groups



## IMPORTANT INFORMATION FOR ALL MEMBERS

Following the successful implementation of Member Wizard, a suite of software that manages membership, money classes, and communication, we have some important information for you.

### OPTIONS FOR RENEWING YOUR MEMBERSHIP FOR 2024:

1. **Continue as you have always done**, by picking up a membership renewal form from the office OR downloading a copy from our website and paying either in person at our office or by direct payment to our bank account. We are always happy to see you.
2. **Register for access to the Member Portal.** This is a web-based page that will enable you to carry out a variety of actions including:
  - i. Pay your subscriptions online.
  - ii. Change any of the details you currently have registered with us (eg, address, emergency contact, etc).
  - iii. Check the classes you are already enrolled in and enrol in additional classes.
  - iv. Provide evidence that your membership is current if you forget to wear your badge.

Once you have registered for Member Portal you can access it at any time via the website from your iPhone, PC or tablet.

Our convenors (or 'Tutors' as they are currently referred to in Member Wizard) have additional benefits from using the Member Portal. They can access a list of their students (including emergency contact details), send emails via Member Wizard to their students, and will be notified by email when someone new applies to join the class.

Instructions on how to access the Member Portal will be sent to all our members who have an email address registered with us in early December.

3. **Pay on-line on receipt of an email** that will shortly be sent out to all our members who have an email address registered with us. You can simply click on the link in the email, tick a box to confirm your details are unchanged and then pay using your debit/credit via a secure third-party payment service.

**PLEASE NOTE: Member Wizard identifies you by the unique email address you have registered with us. Anyone sharing an email address with another member of U3A Mackay will not be able to access the Member Portal. Most people have their own email address for MyGov. If you choose to start using separate email addresses don't forget to let us know so we can update your records.**

### OPTIONS FOR NEW MEMBERS:

1. **Come into our office** and fill out a form and make your payment.
2. **Download a form** from our website, and either bring it into the office or email it to [treasurer@u3amackay.com](mailto:treasurer@u3amackay.com) and pay by direct deposit into our bank account.
3. **Join on-line.** Go to our website ([u3amackay.org.au](http://u3amackay.org.au)), click on 'Membership Information' at the top of the home page and then click on the 'Join On-Line Here' button. You will then be able to fill in a form and make your payment.

### !!!! A NOTE ABOUT YOUR ON-LINE PAYMENT !!!

Member Wizard uses a company called STRIPE that works like Pay Pal to facilitate secure payments between two parties. STRIPE is used by multinationals such as Amazon, Google and Zara. We at U3A never see any of your debit/credit card details. STRIPE collects your payment, takes a small commission (that U3A pay for) and then transfers the balance to U3A Mackay's bank account.

As always you can pick up your 2024 badge from the office.

Please contact me on 0447 727 362 if you have any questions. Bobbie Barker (Secretary and Membership)

**. PLEASE NOTE THE CONTACTS ARE NOT NECESSARILY TUTORS.**

**They are happy to provide details on the activities listed below.**

**TABLE OF ACTIVITIES**

SUBJECT	CONTACT	PHONE #	VENUE	TIME
<b>MONDAY</b>				
Australian Constitution	Muriel Kilcullen	0409 495 525	Senior Citizen's Centre 58 Macalister St Mackay	2pm Fortnightly <b>SUSPENDED</b>
Balance Exercise Class	Cath Davis	0437 902 310	Senior Citizen's Centre 58 Macalister St Mackay	1.00 pm – 2.00 pm <b>SUSPENDED</b>
Cards	Cath Davis	0437 902 310	Senior Citizen's Centre 58 Macalister St Mackay	9.00 am—12 noon
Computers For Beginners	Susan Vince	0417 784 499	Jubilee Community Ctre Alfred St Mackay	11.30 am – 1.30 pm <b>Bookings Essential</b>
* Fitter for Life	Amba or Steph	4942 0032	Mackay Gymnastics, 5 Snow Wright Court Beaconsfield	9.00am – 10.00am
I-Pad	Rob Lucas	4957 5558	Senior Citizen's Centre 58 Macalister St Mackay	9.00 am – 11.00 am <b>Bookings Essential</b>
* Lawn Bowls	Janette Dark	0427 275 492	City Bowls, Shakespeare St, Mackay	1.15 pm - 2.15 pm
Musical Chimes	Marie Veney	0419 732 855	St Ambrose Church Hall, 28 Glenpark St Nth Mackay	12.45 pm—2.30 pm
<b>TUESDAY</b>				
Cards	Paul Sunner	0406 930 910	Senior Citizen's Centre 58 Macalister St Mackay	1 pm - 4.30 pm
Get Movin' Beginners	Marlene May	4957 2628	CQU (City Campus) Sydney St Mackay	9.15 am - 10.15 am
Get Movin' Advanced	Marlene May	4957 2628	CQU (City Campus) Sydney St Mackay	10.30 am - 11.30 am
Mindfulness	Judith Grieve	0401 036 662	Senior Citizen's Centre 58 Macalister St Mackay	9 am - 11 am
* Golf Croquet	Paul Lanigan	0466 289 174 0413 500 897	Mackay Croquet Ground Juliet Street	1.30pm to 5pm
Scrabble / Up Words	Judy Petersen	0438 572 767	60 Wellington St Mackay	2.00 pm start 2nd and 4th Tuesdays
U3A Snappers (Photography)	Alan Porter Harvey	Don 0467 939 665 4954 7608	Mackay Golf Club	4 <sup>th</sup> Tuesday of month
<b>WEDNESDAY</b>				
* Golf Croquet	Paul Lanigan Croquet Centre	0466 289 174 0413 500 897	Mackay Croquet Ground Juliet Street	1.30pm to 5pm
Green Thumbs	Hector Keioskie	4951 4145	See newsletter for this month's venue	1.30 pm 2nd Wed of month
Mah Jongg	Jan Gordon	0408 156 657	Senior Citizen's Centre 58 Macalister St Mackay	9.00 am—12 noon
Movie Buffs	Glenda West	0438 179 751	Mt Pleasant Cinema	Last Wed of month - see newsletter for details
Writing Works	Judith Grieve	0401 036 662	Jubilee Community Ctre Alfred St Mackay	9 am - 11 am
<b>THURSDAY</b>				
Anthropology (History)	Hector Keioskie	4951 4145	60 Wellington Street Mackay	9.00 —11.00 am <b>1<sup>st</sup> &amp; 3<sup>rd</sup></b> Thurs of month
Art Group	Rosemary Sunner	0409 635 001	Mackay Art Soc Bldg Snow Wright Crt, Beaconsfield	9.00 am—12 noon
Bocce	Shelley Field	0419 430 384	Botanic Gardens	2.45 pm—4.00 pm
Book Club	Muriel Kilcullen	0409 495 525	Senior Citizen's Centre 58 Macalister St Mackay	1.30pm - 3.00pm 3rd Thursday of month <b>SUSPENDED</b>
Cricut and Craft with Claire	Iris Harvey	0418 620 589	Senior Citizen's Centre 58 Macalister St Mackay	10.45am - 12.45pm 2nd and 4th Thursday
* Fitter for Life	Amba or Steph	4942 0032	Mackay Gymnastics 5 Snow Wright Crt, Beaconsfield	9.00 am – 10.00 am
Line Dancing	Winsome Brown	0448 937 245	Senior Citizen's Centre 58 Macalister St Mackay	9.30am – 10.30am
Mah Jongg	Bernie Royes	0400 348 683	Northern Beaches Community Hall	8.30am - 12 noon
Tai Chi - Beginners	Monica Stewart-McLean	0408 549 527	14A Tennyson St, Mackay	9.15 am – 10.00 am 10.15 am – 11.15 am
Trivia	Muriel Kilcullen	0409 495 525	Senior Citizen's Centre 58 Macalister St Mackay	1.30pm - 3.30pm 2nd Thursday of month


**FRIDAY**

Android Phones	Rob Lucas	4957 5558	Senior Citizen's Centre 58 Macalister St Mackay	9.00 am – 11.00 am
Coffee and Chat	Iris Harvey	0418 620 589	Senior Citizen's Centre 58 Macalister St Mackay	10 am - 11 am Last Friday of month
Creative Writing	Rae Halpin	0407 639 356	Jubilee Community Ctre Alfred St Mackay	9.30 am—11.30 am
Friday Lunches (Dining Out Group)	Glen George	0415 383 028	See newsletter for this month's venue	11.30 am for 12.00 pm 2nd Friday of month
Lawn Bowls	Janette Dark	0427 275 492	City Bowls, Shakespeare St, Mackay	10.00 am - 11.00 am
Opera Appreciation	Noel Flor	4942 4776	Breezes Beaconsfield Rd, Beaconsfield	12.00 noon—4.00 pm 1st Fri of month
Satyananda Yoga	Carol Single	0429 131 313	Senior Citizen's Centre 58 Macalister St Mackay	9.00 am - 11.00 am

**SATURDAY**






* Golf Croquet	Paul Lanigan Croquet Centre	0466 289 174 0413 500 897	Mackay Croquet Ground Juliet Street	1.30 pm to 5 pm
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\* Items marked with a \* are activities open to the public as well as U3A members




Proudly Printed By

**Andrew WILLCOX MP**  
Federal Member for **DAWSON**

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Authorised by Andrew Willcox MP, LNP, Level 2/45 Victoria Street, Mackay 4740



**U3A**

**Mackay Office**  
Senior Citizens Centre  
68 Wellington Street  
Mackay  
Open Mondays and Fridays  
9am-11am

*OUR SINCERE THANKS:*  
We, the members of U3A Mackay Inc., would like to acknowledge the generous assistance of the office of Andrew Wilcox MP for printing our newsletter ;, CQU City Campus for the use of various venues, the Mackay Regional Council (Library and Jubilee Community Centre), The Centre at Wellington Street, Mackay & District Senior Citizens for venues, Media (Radio, TV and Newspapers), for their valued and continuing support. Transtech for their invaluable technical advice and support





Learn, laugh, live

U3A Mackay Inc.  
University of the Third Age



Web: www.u3amackay.org.au Email: secretary@u3amackay.com Facebook: www.facebook.com/universityofthethirdagemackay/

Connecting Seniors to Lifelong Learning

**MEMBERSHIP NEW/RENEW FORM 2024**

**PLEASE USE BLOCK LETTERS**

**Section 1- Personal Details (Use one form per person)**

<b>Last Name</b>	<b>Given Names</b>	<b>Preferred Name</b>	<b>Date of Birth (Day/Month/Year)</b> ____ / ____ / ____
<b>Address:</b> Street address, Suburb, Town, Post Code			
<b>Email:</b> (Newsletters will be sent to email address where available)			
<b>Mobile Phone No:</b>		<b>Home Phone:</b>	
<b>Emergency Phone No:</b>		<b>Emergency Contact Name:</b>	

**Section 2 – Membership and Class Enrolment 2024**

Please tick boxes or circle answers in the boxes below. Complete total amount payable		<b>Amount Payable \$</b>
<input type="checkbox"/> I am a new member applying to join 2024. <b>Joining fee \$5.00 + \$25.00</b> <b>Membership</b>	<input type="checkbox"/> I am a member re-joining for 2024. <b>Membership Fee \$25.00</b>	\$
<b>TOTAL AMOUNT PAYABLE</b>	Cash / Bank transfer (see below)	\$

**Section 3 – Payment Details**

<input type="checkbox"/> EFTPOS <input type="checkbox"/> Cash  Post to: The Treasurer, U3A Mackay Inc., PO Box 1431, Mackay Qld 4740  In person: U3A Mackay Office, Senior Citizen's Building 58 Macalister St. 9 -11am Monday or Friday	<input type="checkbox"/> <b>Direct Bank Transfer:</b> <b>Bank:</b> Bank of Queensland <b>BSB:</b> 124049 <b>Account No:</b> 100065150 <b>Account Name:</b> U3A Mackay Inc. <b>(please put your name as reference and email this membership application to treasurer@u3amackay.com)</b>
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**NOTES:**

- U3A Mackay Inc carries Public Liability Insurance to the value of \$20 million.
- All the Tutors at U3A Mackay are volunteers, sharing their knowledge. Some classes may have a small cost for materials or facilities. Payment of membership fee does NOT guarantee a place in a class as the class may be full, but you may be able to put your name on the waiting list.
- Photographs taken of U3A Mackay activities and members are sometimes published on our website, in our newsletter and in the local newspaper. If you do not wish this to happen, please advise the office in writing.
- U3A collects your personal information in order to process your application. This information will not be disclosed to any third party without your written authorisation or as we are required by law.
- Optional: :I am also a member of Mackay Senior Citizens Y / N

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**OFFICE USE ONLY:** Date Form Received: \_\_\_\_ / \_\_\_\_ / \_\_\_\_      Receipt No: \_\_\_\_\_

Date Badge: MAILED  GIVEN  \_\_\_\_ / \_\_\_\_ / \_\_\_\_      DATABASE \_\_\_\_ / \_\_\_\_ / \_\_\_\_      SCANNED: \_\_\_\_ / \_\_\_\_ / \_\_\_\_