



THE UNIVERSITY OF THE THIRD AGE

Mackay

Connecting Seniors to Lifelong Learning

NEWSLETTER

March 2024



|

President's Report

Hello Everyone – I'm excited to report that since our Open Day, our membership numbers have reached 570 and counting! We continue to seek new and diverse activities for our members to enjoy.



This month, we welcomed 2 new committee members, Judy Morris and George Newton. Judy is already doing great work updating our website and George has taken on the role of treasurer since the recent resignation of Paul Sunner, our previous treasurer. Paul has been unwell and was unable to continue to carry out the duties of treasurer. We wish him all the best for his recovery.

Please note that some of our activities will continue over the upcoming holidays and others may be on a short break. Please check with the convenor if you are unsure. In the meantime, I wish you all a Happy Easter – chocolate, in moderation, is good for your health!!



That's it from me – until next time.

Muriel Kilcullen



MEMBERSHIP REMINDER

We still have a few members who haven't yet paid their 2024 fees.

If this has slipped

your mind and you wish to remain a member, please call in to our office soon where we will be happy to help you.

Newsletters will not be sent to unfinancial members after March 31, 2024.

Bobbie Barker
Membership

Badges for new and renewing members can be collected from the U3A office Monday or Friday between 9:00am and 11:00am

U3A Mackay Committee 2024

M: 0493 360 261

Website: www.u3amackay.org.au

President

Muriel Kilcullen 0409 495 525

admin@u3amackay.com

Vice President

Alan Porter

Secretary

Bobbie Barker

secretary@u3amackay.com

Treasurer

George Newton

treasurer@u3amackay.com

Course Coordinator

Iris Harvey

courses@u3amackay.com

Membership

Bobbie Barker

membership@u3amackay.com

Editor and Social Media

Liz Springall 0438103372

editor@u3amackay.com

Website administrator

Judy Morris

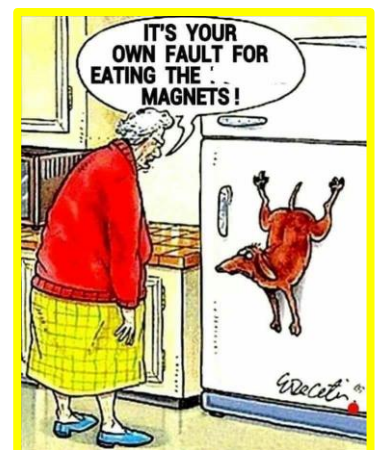
Dianne Harvey

Susan Vince

Cath Davis

Jan Wilkie

Winsome Brown



Course Coordinator's Report

We have had a request for cake decorating classes. Do you know anyone who would be willing to do this? Let me know if you do.

Craft classes will be starting Thursday 11th April 1.00pm-3.00pm: Contact Glenys Day 0490 081 259 for further details.

Enjoy your Activities.

Iris



Iris Harvey

Course
Coordinator

courses@u3amackay.com

0418 620 589

Chimes

Our Chimes group recommenced Monday 29th January 12.35pm-2.30pm at St Ambrose Church Hall. It was lovely to see all the ladies from last year return ready to play again in 2024. Laurel Etwell is conducting our group this year and has chosen some new music for our chimers to play. After the Open Morning we are very excited to welcome four new members who joined us Monday after the U3A Open Morning.

Mary Orchard

Contact – Marie Veney 0419732855



GREEN THUMBS

. Last Month we met at 60 Wellington St. for an excellent meeting. We were fortunate to have a Flower Arranging demonstration by Veronica Muynes. This was well received. Following afternoon tea we enjoyed a monster plant swap.



On the 10th. of April we will meet at my home 38 Hart St. South Mackay. You do not need to bring a chair, only a mug & goodies.

I have made the Lucky door prize.

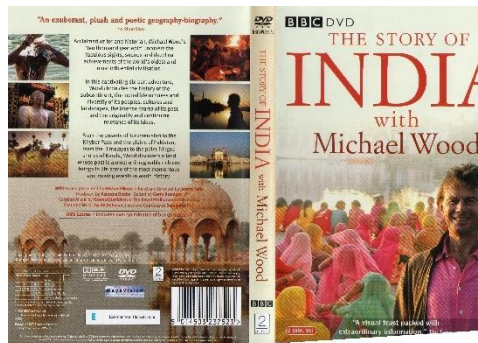
All enquiries to Hector on 49514145

Hector Keioskie



One of the beautiful floral arrangements

Ancient History (formerly Anthropology)



On April 4th the Ancient History group will be watching the Story of India. In this captivating 6-part

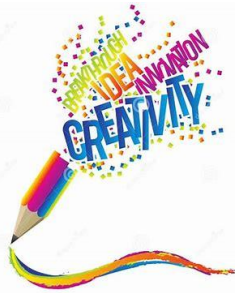
adventurer acclaimed writer and historian Michael Wood uncovers the fabulous sights, sounds and dazzling achievements of the world's oldest and most influential civilisations. All welcome

Further details from Hector on 48514145

Hector Keioskie

Creative Writers

A busy and productive beginning to the year. We found out about "Black Poetry" (words randomly taken from a book and worked into poem) We also visited verbs, nouns, adverbs and adjectives. Several of our group have registered for Mackay Writers Group's seminar on Memoir writing with Edwina Shaw at Seabreeze tavern on Aug 31 and sept 1. We had some very interesting show and tell items from Joyce, Pat and Liz. To finish our term we will get together for coffee at The Dispensary on April 5th. We look forward to welcoming some new members for next term as several of our members will be travelling.



Rae Halpin



Judy leads us in Black Poetry as Rae and Pat listen attentively.

Bocce

Our Bocce group have finally started as per schedule as we had a fine but very hot afternoon. We had ten (10) Bocce Players with two new players starting with us, a great start to the season. We divided up into two groups of two teams each. Scores were well matched in both groups. We are still meeting at the Bocce sand court on Lagoon Street within distance of the Botanic Gardens Café. Hopefully, the afternoons cool down from now on when we will really enjoy the game even more in the lovely surroundings. Give me a call anytime on 0419 430 384

Shelley Field

Movie Buffs

Wednesday 28th February was the first movie outing for our group, followed by lunch and a lot of conversation, at Harrup Park Country Club. The movie "Argyll", a romp of pure escapism was enjoyed by us all. Dance and skating scenes were spectacular. We welcome two new members on this day, Merie and Suzanne and welcomed back our regular movie goers from previous years. Next outing is 27th March. Please contact me on glendanne246@gmail.com if you have any queries re the movie outings.

Glenda



Movie Goers enjoying lunch at Harrup Park

Friday Lunches

Very successful turn out at Goosies in March, 30 diners and a good time was had by all.

Next month we shall be at Harrup Park. So make a note for **12 April** 12 noon for 12.30 sit down .See you there

0415383028 to book in or

e-mail arosfa2010@yahoo.com

Glen George



Lunch at Goosies

Discover the Joy of Croquet!

Are you seeking a leisurely yet engaging activity that brings together fun, strategy, and social interaction? Look no further! Croquet offers all this and more, making it the perfect pastime for those who appreciate the finer things in life.

Join us for an enriching experience where the charm of yesteryears meets the excitement of the present. Embrace the gentle rhythm of the game as you master the art of wielding a mallet, guiding your ball through a series of wickets with precision and finesse.

Why Croquet?

1. **Gentle Exercise:** Enjoy light physical activity as you stroll across the lawn, perfect for maintaining mobility and dexterity.
2. **Mental Stimulation:** Engage your mind with strategic planning and tactical maneuvers, keeping your cognitive faculties sharp and agile.
3. **Social Connection:** Forge lasting friendships and create cherished memories as you share laughter and camaraderie with fellow enthusiasts.
4. **Timeless Elegance:** Experience the timeless elegance of croquet, a game steeped in tradition and grace, yet infinitely adaptable to modern sensibilities.
5. **Outdoor Enjoyment:** Revel in the beauty of nature as you bask in the sunshine and fresh air of outdoor play, rejuvenating both body and spirit.

Whether you're a seasoned veteran or a curious newcomer, all are welcome to join our croquet community. No prior experience is necessary – our friendly instructors will guide you every step of the way.

Don't let the opportunity pass you by! Embark on a journey of discovery and delight with croquet. Join us for our upcoming session and experience the magic for yourself.

Event Details:

- **Date:** On Tuesdays
- **Time:** 1.30 pm for a 2.00pm start
- **Location:** Mackay Croquet Club, 105 Juliet Street, South Mackay
- **More Information:** Phone 9413500897 or look for us on Facebook

Indulge your senses, stimulate your mind, and embrace the joy of croquet. We can't wait to welcome you into our midst!

Experience the Timeless Charm of Croquet – Where Every Stroke Tells a Story





Happy Snappers

The Happy Snappers resumed their activities in February with an impromptu gathering at the Botanical Gardens before the first official meeting at the Golf Club on Tuesday, 27th February.

As an exercise in observation, we will attempt to take photographs that depict the letters of the alphabet. We will look for letters that appear as part of a natural formation or as part of the built environment.

The Happy Snappers meet at the Mackay Golf Club on the 4th Tuesday of the month from 10:00 am.

Contact the convenor Alan Porter on Ph 0467 939 665 for information.



Get Movin' Exercise Class

Get Movin' Exercise Classes are held on:

Tuesdays -Group 1- 9.15-10.15

Group 2 10.30-11.30

Wednesdays-9.30-10.15

All groups are progressing well, and all members aim to be more healthy both mentally and physically. There will be no classes on 2nd and 3rd of April, but classes will resume on 9th and 10th of April and continue until June. Membership of U3A is the only requirement of these classes so please ensure you membership is current for 2024. Contact Marlene on 4957 2628 with any enquiries.

I hope you all had a beautiful and special Easter.

Marlene May



NEIL	COLE
YVONNE	HARRISON
SHIRLEY	SMITH-KNIGHT
RYDELL	HANSEN
DAVID	FORSYTH
BONNIE	HULL
GLADYS	HORSNELL
CATH	DAVIS
JAN	SCOTT
CORAL	MORGAN
JOHN	WHITMORE

JAN	ROBERTS
CHERIE	RIDDELL
MAVIS	LEES
MARIE	VENEY
MAREE	PARKE
LESLEY	HAYES
IAN	JOHNSON
JACKIE	SHERRIFF
HELEN	STANTON
HELEN	WOODWARD
PAT	LITTLE
STEVE	BLADES
DEL	SARICH
AVIS	LAUGA
VICKI	STANNARD
DAVID	ABSOLON
MARY	ZARB

ELAINE	SMITH
BARB	BOYCE
MARY-THERESE	WATSON
ANDREA	WATTS
SHIRL	DAVIDSON
MAURICE	PETERSEN
BOBBIE	BARKER
WENDY	DAVIS
CAROLINE	FIELD
ANNE	MACDONALD
SUE	WALTERS
ANDREW	VINCE
ALISON	COATES
DEBBIE	WUST
PETER	NOWLAN
DI	JENKINS
CLAIRE	McVEIGH



PLEASE NOTE THE CONTACTS LISTED BELOW ARE NOT NECESSARILY TUTORS
They are happy to provide details on the activities listed

TABLE OF ACTIVITIES

SUBJECT	CONTACT	PHONE NO	VENUE	TIME
MONDAY				
CARDS	Cath Davis	0437 902 310	Senior Citizens Centre 58 Macalister St	9:00am – 12:00 noon
COINS	Sam Patti	0401 435 990	Harrup Park Country Club Juliet Street	Starts 10:00am
COMPUTERS FOR BEGINNERS	Susan Vince	0417 784 499	Jubilee Centre Alfred St	By Arrangement
*FITTER FOR LIFE	Amba	07 4942 0032	Mackay Gymnastics 5 Snow Wright Court	9:00 -10:00am
I-PAD / I-PHONES	Rob Lucas	0499 606 030	Senior Citizens Centre 58 Macalister St	12:30 – 2:20pm Bookings Essential
LAWN BOWLS (in recess April)	Janette Dark	0427 275 492	City Bowls Shakespeare St	1:15pm – 2:15pm
MUSICAL CHIMES	Marie Veney	0419 732 855	St Ambrose Church Hall 28 Glenpark St Nth Mackay	12:45pm – 2:30pm
UKULELE STRUMMING	Muriel Kilcullen	0409 495 525	Senior Citizens Centre 58 Macalister St	3:00pm – 4:30pm
TUESDAY				
CARDS	Cath Davis	0437 902 310	Senior Citizens Centre 58 Macalister St	1:00m – 4:30pm
GET MOVIN' BEGINNERS	Marlene May	07 4957 2628	CQU (City Campus) Sydney St	9:15am – 10:15am
GET MOVIN' ADVANCED	Marlene May	07 4957 2628	CQU (City Campus) Sydney St	10:30am – 11:30am
*GOLF CROQUET	Paul Lanigan Croquet Centre	0466 289 174 0413 500 897	Mackay Croquet Ground Juliet St	1:30pm – 5:00pm
SCRABBLE / UPWORDS	Judy Petersen	0436 572 767	60 Wellington St	2:00pm start 2 nd and 4 th Tuesday of month
U3A SNAPPERS (PHOTOGRAPHY)	Alan Porter / Don Harvey	0467 939 665 07 4954 7608	Mackay Golf Club	4 th Tuesday of month
WEDNESDAY				
GREEN THUMBS (GARDENING)	Hector Keioskie	07 4951 4145	See Newsletter for this month's venue	1:30pm – 2 nd Wednesday of month
MAH JONGG	Jan Gordon	0408 156 657	Senior Citizens Centre 58 Macalister St	9:00am – 12:00pm
MOVIE BUFFS	Glenda West	0438 179 751	Mt Pleasant Cinema	Last Wednesday of month – see Newsletter for details

THURSDAY				
ANCIENT HISTORY (Prev. ANTHROPOLOGY)	Hector Keioskie	07 4951 4145	60 Wellington St	9:00am – 11:00am 1 st and 3 rd Thursday of month
ART GROUP	Rosemary Sunner	0409 635 001	Mackay Art Soc Snow Wright Crt Beaconsfield	9:00am – 12:00pm
BOCCE	Shelley Field	0419 430 384	Botanic Gardens Lagoon St	2:45pm – 4:00pm
CHAIR YOGA	Deb Lebsanft	0434 940 300	Palmview Village Bradford St	1:00pm Bookings Essential
*FITTER FOR LIFE	Amba	07 4942 0032	Mackay Gymnastics 5 Snow Wright Court	9:00 -10:00am
LINE DANCING BEGINNERS / ADVANCED	Winsome Brown	0448 937 245	Senior Citizens Centre 58 Macalister St	Absolute beginners start at 9:00am 9:30am – 10:30am
MAH JONGG	Bernie Royes	0400 348 683	Northern Beaches Community Hall Bucasia	8:30am – 12:00pm
TAI CHI BEGINNERS	Monica Stewart-McLean	0408 549 527	14A Tennyson St	9:15am – 10:00am 10:15am – 11:15am
TRIVIA	Muriel Kilcullen	0409 495 525	Senior Citizens Centre 58 Macalister St	1:30pm – 4:00pm 2 nd Thursday of month
FRIDAY				
ANDROID PHONES / TABLETS	Rob Lucas	0499 606 030	Senior Citizens Centre 58 Macalister St	9:00 – 11:00am Bookings Essential
CREATIVE WRITING	Rae Halpin	0407639356	Jubilee Centre Alfred St	9:30am – 11:30am
FRIDAY LUNCHES (DINING OUT GROUP)	Glen George	0415 383 028	See Newsletter for this month's venue	11:30am for 12:00pm 2 nd Friday of month
LAWN BOWLS (In recess April)	Janette Dark	0427 275 492	City Bowls Shakespeare St	10:00am – 11:00am
OPERA APPRECIATION	Noel Flor	07 4942 4776	Breezes Beaconsfield Rd	12:00pm – 4:00pm 1 st Friday of month
SATYANANDA YOGA	Carol Single	0429 131 313	Senior Citizens Centre 58 Macalister St	9:00am – 11:00am

WATCH THIS SPACE – THESE ACTIVITIES ARE IN THE PIPELINE – NOT YET CONFIRMED

SCALE MODELLING				
HOW TO DO CRYPTIC CROSSWORDS				

* Items marked with a * are activities open to the public as well as U3A members



Proudly Printed By



Andrew WILLCOX MP
Federal Member for **DAWSON**

Level 2/45 Victoria Street Mackay 4740 07 4944 0662

Andrew.Willcox.MP@aph.gov.au AndrewWillcox.com.au AndrewWillcoxMP

Authorised by Andrew Willcox MP, LNP, Level 2/45 Victoria Street, Mackay 4740



Mackay Office
Senior Citizens Centre
68 Wellington Street
Mackay
Open Mondays and Fridays
9am-11am

OUR SINCERE THANKS:

We, the members of U3A Mackay Inc., would like to acknowledge the generous assistance of the office of Andrew Wilcox MP for printing our newsletter ; CQU City Campus for the use of various venues, the Mackay Regional Council (Library and Jubilee Community Centre), The Centre at Wellington Street, Mackay & District Senior Citizens for venues, Media (Radio, TV and Newspapers), for their valued and continuing support. Transtech for their invaluable technical advice and support



Learn, laugh, live

U3A Mackay Inc.

University of the Third Age



Web: www.u3amackay.org.au Email: secretary@u3amackay.com Facebook: www.facebook.com/universityofthethirdagemackay/

Connecting Seniors to Lifelong Learning

MEMBERSHIP NEW/RENEW FORM 2024

PLEASE USE BLOCK LETTERS

Section 1- Personal Details (Use one form per person)

Form with fields: Last Name, Given Names, Preferred Name, Date of Birth, Address, Email, Mobile Phone No, Home Phone, Emergency Phone No, Emergency Contact Name

Section 2 – Membership and Class Enrolment 2024

Form with membership options: New member, Re-joining member, Total Amount Payable, Cash/Bank transfer

Section 3 – Payment Details

Form with payment options: EFTPOS, Cash, Direct Bank Transfer, Bank details, Post to, In person

NOTES:

- U3A Mackay Inc carries Public Liability Insurance to the value of \$20 million.
All the Tutors at U3A Mackay are volunteers, sharing their knowledge.
Photographs taken of U3A Mackay activities and members are sometimes published on our website.
U3A collects your personal information in order to process your application.

Signature: _____ Date: ____/____/____

OFFICE USE ONLY: Date Form Received: ____/____/____ Receipt No: _____
Date Badge: MAILED [] GIVEN [] ____/____/____ DATABASE ____/____/____ SCANNED: ____/____/____